

Mud Club

**Virtual Occupational Therapy Services for
Autistic and Neurodiverse Kids and Teens**



ADVENTURES
Ages 7 - 12



MENTORS
Ages 12 - 16



QUEST VR
Ages 13 - 18

MudClub.ca

Mud Club

Game-Changing Occupational Therapy

Mud Club is an online occupational therapy program using technology like VR and Minecraft to grow social skills, build successful habits, and foster neurodiverse community. Kids love Mud Club, with high engagement translating to positive outcomes. We offer three programs spanning ages 7 to 18.

Adventures (ages 7 - 12) - Set sail on adventure with Minecraft Education Edition. Teamwork skills, digital literacy, executive functioning, and social-emotional learning are at the core of these therapist-led adventures. Activities, discussions, and play help members practice and develop skills while earning skill coins to unlock OT tools!

- Two 1-hour weekly group therapy sessions
- Microsoft Teams and Minecraft Education Edition included
- Mud Club Rewards Program (OT tools delivered via Amazon)
- Ongoing OT support
- Cost is \$100 per week

Mentors (ages 12 - 16) - Mud Club Mentors are busy building skills, leadership experience, and friendships through the love of gaming. Confidence grows as mentorship skills are introduced and practiced, including a weekly Adventures group session where Mentors share gaming skills with younger Mud Club members.

- Two 1-hour weekly group therapy sessions
- Microsoft Teams and Minecraft Education Edition included
- Mud Club Rewards Program (OT tools delivered via Amazon)
- Ongoing OT support
- Cost is \$100 per week

Quest VR (ages 13 - 18) - Virtual Reality is a place for learning, physical activity, and community building. This teen group explores together while developing Game Plans, including regular redemptions of apps and VR equipment to build a library unique to their needs. The occupational therapist assists members in stacking strategies to encourage self-regulation, physical activity, mindfulness, social engagement, and more.

- Two 1-hour weekly group therapy sessions
- Oculus Quest 2 headset required and available with optional Onboarding Package
- VR Redemption Program (VR apps and gear)
- Ongoing OT support
- Cost is \$100 per week

Funding - Mud Club is proud to work with many excellent funding sources, including provincial autism programs (Eg. AFU, FSCD, OAP), private insurers, and online schools.

Referrals and Sign-Ups - Free club tours and sign-ups are available at MudClub.ca, or by telephone, fax, or email.

www.mudclub.ca
Email: hello@muddymoose.co
Tel: (250) 520-2002
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